

***The Healing Light of Angels: Transforming your Past, Present & Future with Divine Energy* © 2015 by Raven Keyes**

Forward by Ketan, K. Badani, MD

"The good physician treats the disease; the great physician treats the patient who has the disease." -William Osler

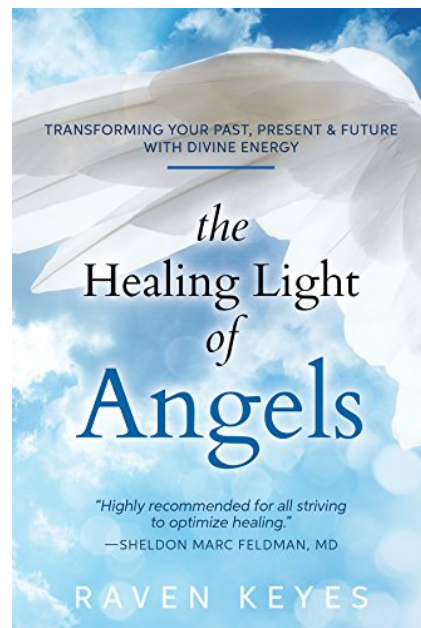
I was raised in an environment of alternative and Ayurvedic medicine. My parents and relatives always had a "remedy" for all ailments, a remedy that did not involve pills or other traditional therapy. That is not to say that I have practiced medicine that way; I am very much an allopathic doctor. As a minimally invasive robotic surgeon, if a patient has a prostate or kidney cancer, I remove it. If there is a mechanical problem with the kidney, I will fix it. I have a busy practice and I constantly and consciously endeavor to help all my patients. However, most surgeons' approach to curing a disease is very mechanical in nature. Now, I am not saying we are not innovative; I have dedicated my research to surgical technology innovation and helping improve the outcome for patients requiring prostate or kidney surgery using minimally invasive approaches. However, there is more to curing a disease than treating the physical problem; I now truly believe it.

My parents are immigrants from India, and they were raised in a culture and time that did not endorse western medicine as the only or even the primary recourse. As such, I was exposed early in life to alternative and complementary medicine. Certainly, these practices were mostly empirical in nature, with not a lot of facts, literature, or even any science behind them; we just believed that they worked. Perhaps that is why when I went to medical school, I dove into the "real science" and needed facts to support any medical treatments; due to this shift in thinking, I went further towards traditional western medicine and basically dismissed anything else.

That all changed when I met Raven Keyes. She came to my office with a kidney problem, and she needed surgery. She will detail the story later in this book. However, this encounter was meaningful for me in many important ways. She brought a trusted friend with her, a Reiki Master herself, and requested that her friend be present during the surgery in the operating room to perform Reiki on her. DURING THE SURGERY! Now, I have seen many things in my years of surgical practice, but this was a first. I could not imagine why she would want a friend in the OR during her operation, which has to be one of the most personal and private events that is almost never open to friends and family. I am not a closed minded person. I am traditional in many ways, but open to new ideas. I did not dismiss her request, crazy as it sounded to me at the time. If Raven felt this would help her heal, who was I to think otherwise, so long as there was no obvious and clear danger? This definitely got me to think about the patient as whole, not just a single problem. If she truly believed that Reiki would assist her during surgery, then maybe her mental calmness alone would be helpful to her healing and that was reason enough for me.

Raven's Reiki Master came to her surgery and did her work unobtrusively and without coming in the way of the surgical team throughout the entire operation. Raven's particular procedure was very difficult, to say the least, due partially to years of infection and scarring of her kidney. In the end, all went well. Raven had one of the fastest and smoothest recoveries from a surgery like this that I have ever seen. She went home the next day after her surgery, but more than that, when I saw her one-week later in my office, she was almost back to normal. All the feeling of sickness and ill health she had prior to surgery was completely gone and she was refreshed and new again. Remarkable. When I told Raven how pleased I was with the results she surprised me yet again, by telling me she felt her accelerated healing was orchestrated by angels. What a shock! But her statement caused me to further consider the possible connection between body and mind, and how a spiritual belief might have a positive affect on outcome.

I had my first Reiki session with Raven a short time afterwards. She had invited me during her postoperative visit. I was curious at this point; was there more to this than I knew and understood? At the very least, I reasoned, it would be a relaxing experience after a long day in the operating room. So why not? Well, I went to Raven's office for my session. Raven greeted me warmly and immediately I felt calm and welcome. As I lay on her table, I thought I would probably fall asleep and get a good nap out of the whole thing. I could not have been more wrong. Instantly, I could feel an intense heat emanating from her hands; everywhere she went, without even touching me, I could feel where her hands were. I



couldn't believe it. I thought she was using a heater or steam, and I would open my eyes every so often to check, but it was just her hands transmitting energy. In our discussion after it was over, Raven told me that angels had been helping her to deliver the Reiki. I can't speak to her experience - all I can say for myself is that the session was incredible for me. Just writing these words makes me realize how far I have come to understanding and appreciating Reiki as a form of healing. The session lasted for over one hour, and the experience was like nothing that I could have imagined. I not only felt refreshed and calm, but also experienced the sensation of receiving energy and strength that I would not have imagined in my allopathic world.

I now offer Reiki, as well as other complementary treatments, to all my patients undergoing surgery. I have learned from Raven that disease is not solely the physical ailment, but the entire person: physical, mental, and spiritual. Learning should always be lifelong, and I have learned the importance of treating the patient, not just the disease.

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